



Anti-Static Wrist Strap

Item code: IF145-071-1

DESCRIPTION

Prevent electrostatic damage.

- Helps protect your electronics from accidental electrostatic discharge (ESD) damage during repairs.
- Ground yourself while working on sensitive electronics to prevent static charge build-up.
- Custom manufactured by iFixit for "American" sized wrists. Most anti-static wrist straps are made for use in manufacturing throughout Asia, and do not pass our ergonomics test, if they fit at all!



"Rapid static dissipation by a wrist strap ground is required to prevent voltage spikes. Simple movements such as lifting one foot off the floor or raising one arm from a conductive table mat may change body capacitance by as much as 10% to 30%. Uncontrolled, the capacitively created voltage may reach several hundred volts or more."

-3M Technical Brief

Specifications:

- Band Size: .75" x 8" unstretched
- Band Type: Elastic with adjustable buckle
- Band Material: Polyester/stainless steel weave
- Cord Length: Coiled, 6 Feet / 2 Meters
- Cord Resistance: 1 M(Ohm)

<https://www.ifixit.com/Store/Tools/Anti-Static-Wrist-Strap/IF145-071?o=1/3-16-20>